

HOUSING DESIGN AND FITTINGS FOR SENIOR LIVING

(Source of Information: www.vedaanta.com and www.ashianautsav.com, March 2015)

The housing for senior living (also known as retirement apartments) should ideally have the following design features and fittings:

A- Housing Design

1. No step threshold at entrance or within the house
2. Anti-skid tiles in the living and bathing areas
3. Wider doors in bathrooms to enable wheel chair movement
4. Bathroom doors should open outside to facilitate wheel chair movement
5. Well-rounded corners to avoid little accidents
6. Telephone connection in all rooms to enable emergency information.

B- House Fittings

1. Bigger electrical switches mounted at convenient height
2. Grab rails in bathrooms
3. Single-lever fittings in bathrooms
4. Door knob grippers for all doors
5. Glow paints in corners to avoid accidents at night
6. Glow paints on all doors to enable night vision
7. Glow tapes on all switches to enable night vision
8. Anti-slip mats in wet areas