SIMPLE ASSISTIVE DEVICES & AIDS FOR AGED PERSONS

(Source of Information: www.seniorshelf.com, August 2016 and websites of commercial companies selling such products)

Simple assistive devices and aids would generally suffice in the event of an aged person developing an orthopedic problem or other non-serious ailment. These are listed below and some of them are illustrated also. This information may be helpful in making a detailed search on the Internet or in the market, as and if a need arises.

- 1. Walking stick/ Orthopedic cane
- 2. Walker/Walker with castors/Walker with wheels
- 3. Rollator walker*
- 4. Wheel-chair/ Power wheel chair/ Power scooter
- 5. Stair-climbing wheel-chair
- 6. Shower chair
- 7. Commode chair
- 8. Toilet seat raiser
- 9. Fecal-cleaning kit
- 10. Bed pan
- 11. Shoe-horn
- 12. Trolley for use over bed
- 13. Stand for use in bed
- 14. Lumbar pillow/ Cervical pillow
- 15. Bed back support
- 16. Orthopedic back rest
- 17. Air-mattress for prevention of bed sores

^{*}Rollator walker has 4 wheels and a seat, whereas a standard wheeled walker has only 2 wheels and no seat. It has brakes to help the user stabilize him and is specially meant for outdoor use.

1. Walking Stick/ Orthopedic Cane: Examples



Walking Stick/ Orthopedic Cane with regular (ordinary) bottom and adjustable height



Walking Stick/ Orthopedic Cane with tripod bottom and adjustable height



Walking Stick/ Orthopedic Cane with quad-pod bottom (or four legs) and adjustable height

2. Walker/ Walker with Castors/ Walker with Wheels: Examples



Folding type walker



Walker with two wheels



Walker with two wheels and a seat

3. Rollator Walker: Examples



Rollator walker with four wheels, folding frame and height-adjustable handle-bars



Rollator walker with four wheels, seat, back-rest, basket, folding frame and height-adjustable handle-bars



Rollator walker with four wheels, seat, back-rest, basket, folding frame and height-adjustable handle-bars